



The **Arrowhead Lake Country Wrestling Club** offers an exciting experience for new and experienced wrestlers

Grades K-8.

Fully sanctioned and insured by USA Wrestling Beginners Welcome!

ALC creates a positive and fun environment where athletes

• Build confidence

·Improve strength and conditioning

•Excellent prep for other sports

Make new friends and teammates

Practices for all ages begin Mid-November!

Check our website for specific dates!

Location: Lake Country Lutheran High School

<u>Cost</u>: \$175 per wrestler (sibling discounts)

Questions? Contact Jim Cinelli at 262-966-1920 Cinellius@yahoo.com

Register Today @

www.arrowheadwrestlingclub.org



